# **Clear Creek EMS**

## **PROCEDURES**

## **Tourniquet Conversion**

## Description

While immediately life-saving, prolonged tourniquet application may cause soft tissue, nerve and/or ischemic injury. For patients >2 hours from the time of tourniquet application to hospital arrival, a tourniquet conversion may be considered.

# **Indications**

• Tourniquet application >2 hours from hospital arrival.

#### **Procedures**

- Tourniquet Conversion
  - o SLOWLY loosen tourniquet, if bleed recurs, retighten tourniquet
  - o Leave tourniquet loosely on extremity, if bleeding resumes at any time tighten tourniquet.

## Considerations

- Consider alternative bleeding control methods such as direct pressure, hemostatic gauze and wound packing, as deemed appropriate prior to attempting tourniquet conversion.
- If conversion is unsuccessful, or in the case of amputation, consider moving tourniquet distally 2-3 inches from the wound to reduce impact of limb ischemia.

## **Special Considerations**

• Tourniquet conversion may be considered if tourniquet was placed during an MCI and the party is < 2 hours from hospital arrival.